

## Summary of books available on Autism and Relationships:

### **An Autistic Guide to Healthy Relationships:**

**Full version** - <https://www.durham.ac.uk/media/durham-university/central-news-and-events-images/Autistic-Guide-to-Healthy-Relationships.pdf>

**Easy Read** - <https://www.durham.ac.uk/media/durham-university/central-news-and-events-images/Autistic-guide-to-healthy-relationships---Easy-Read.pdf>

**About the Project** - <https://www.durham.ac.uk/research/institutes-and-centres/neurodiversity-development/impact-and-engagement/healthy-relationships-for-autistic-people/>

### **Understanding Autistic Relationships Across the Lifespan -**

<https://www.routledge.com/Understanding-Autistic-Relationships-Across-the-Lifespan-Family-Friends-Lovers-and-Others/Sedgewick-Douglas/p/book/9780367491031?srltid=AfmBOoohAiMymBcHyWZaYDHgdrwxoEMpTdyYZJSX-qhN4V2C0OsS71sQ>

### **The Autism Relationships Handbook: How to Thrive in Friendships, Dating, and Love -**

<https://www.blackstoneunlimited.com/the-autism-relationships-handbook-digg.html#541=2438016>

### **Unmasking Autism: The Power of Embracing our Hidden Neurodiversity -**

<https://www.hachette.co.uk/titles/devon-price/unmasking-autism/9781800960572/>

### **Unmasked: The Ultimate Guide to Autism, ADHD, and Neurodivergence**

<https://www.penguin.co.uk/books/457703/unmasked-by-middleton-ellie/9780241651988>

### **The Independent Woman's Handbook for Super Safe Living on the Autism Spectrum -**

<https://uk.jkp.com/products/the-independent-womans-handbook-for-super-safe-living-on-the-autistic-spectrum>