





## Our Autistic-Led Groups

NOVEMBER 2023

|   | Group name                       | Where?              | Date                   | <b>Time</b>   |
|---|----------------------------------|---------------------|------------------------|---------------|
| (K)   | Mental Health Peer Support Group | In-Person           | Thursday 2nd November  | 6pm-7pm       |
|   | Peer Support Group               | Online - on Zoom    | Tuesday 7th November   | 6pm-7pm       |
| A   | Online Gaming Group              | Online - on Discord | Thursday 9th November  | 6pm-7pm       |
|   | Women-Aligned Group              | Online - on Zoom    | Tuesday 14th November  | 5:30pm-6:30pm |
| (K)   | Mental Health Peer Support Group | Online - on Zoom    | Thursday 16th November | 6pm-7pm       |
|   | Coproduction Group               | Online - on Zoom    | Tuesday 21st November  | 5:30pm-7pm    |
| \(\frac{1}{2}\cdot\)\(\frac{1}{2}\cdot\}\(\frac{1}{2}\cdot\)\(\frac{1}\cdot\}\(\frac{1}\cdo\)\(\frac{1}\2\cdo\}\(\frac{1}\2\c | Console Gaming Group             | In-Person           | Thursday 23rd November | 5pm-7pm       |