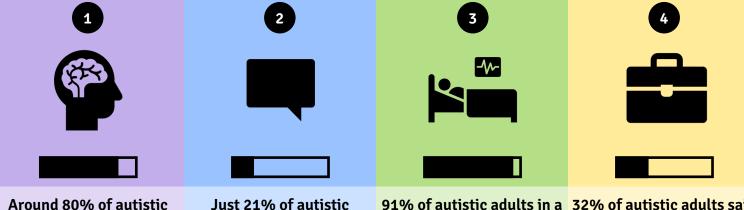




Autism and mental health



adults in the UK experience mental health issues during their lives

Just 21% of autistic
adults said they were able
to access counselling
services

91% of autistic adults in a survey told us their sensory needs in inpatient wards weren't being met 32% of autistic adults said they felt mental health professionals had a good understanding of autism

- 1. autistica.org.uk/downloads/files/Mental-health-autism-E-LEAFLET.pdf
- 2. autism.org.uk/what-we-do/campaign/not-enough/about-the-autism-act
- 3. A survey by Yorkshire Autism AIM, March 2022
- 4. autism.org.uk/what-we-do/campaign/not-enough/about-the-autism-act