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| **Staying at Home: Challenges and Solutions** |
| **My Challenge** | **My Solution** |
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| **Staying at Home: My Weekly Routine** |
| **Day** | **Morning** | **Afternoon** | **Evening** |
| **Monday** |  |  |  |
| **Tuesday** |  |  |  |
| **Wednesday** |  |  |  |
| **Thursday** |  |  |  |
| **Friday** |  |  |  |
| **Saturday** |  |  |  |
| **Sunday** |  |  |  |